

2025-03-14 Meditation for Friday in the First Week of Lent is now available at: <https://pgimf.org/meditations/>

[The opening theme song with a poetic paraphrase begins:]

*Ich bete an die Macht der Liebe,
O Pow'r of love, all else transcending,
Die sich in Jesu offenbart;
In Jesus present evermore,
Ich geb' mich hin dem freien Triebe,
I worship thee, in homage bending,*

Sunrise Mass for Choir and String Orchestra: Sanctus and Agnus Dei

Lyrics: Mass Ordinary

Music: Ola Gjeilo (b. 1978; composed 2007)

Artists: Bel Canto Choir Vilnius, Sofia Vokalensemble, the Lithuanian Chamber Orchestra, Egidijus Kaveckas (dir.)

<https://www.youtube.com/watch?v=l004Y0mJOHI> (the Sanctus begins at 25:50)

Sanctus—Identity

[Gjeilo repeats the music of 'Kyrie—The Spheres'; we are back in the heavens. The violin solo symbolizes the emergence of the individual conscious self.]

*Sanctus, Sanctus, Sanctus,
Holy, Holy, Holy,
Dominus Deus Sabaoth.
Lord God of Sabaoth.*

Pleni sunt cœli / Agnus Dei—The Ground

[We are no longer flying through the heavens, rising with the sunrise, or lost in the turmoil of the city. Now we are 'grounded'; all is at peace.]

"The music of the Sunrise Mass goes from dark and dream-like, to more emotional and dramatic, and eventually warm and grounded." —the composer

*Pleni sunt cœli et terra gloria tua.
Heaven and earth are full of your gloria.
Hosanna in excelsis.
Hosanna in the highest.*

Benedictus qui venit in nomine Domini.

Blessed is the one who comes in the name of the Lord.

Hosanna in excelsis.

Hosanna in the highest.

Agnus Dei, qui tollis peccata mundi:

Lamb of God, who takes away the sins of the world,

[pause]

dona nobis pacem.

grant us peace.

[Closing words to our theme song:]

O! dass diess jeder Sünder wüsste,

O! that every sinner would know this,

Sein Herz wohl bald dich lieben müsste.

His heart must soon surely love You.

Evan

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